

**Continuing Mediation Education Seminars in Ft. Wayne**  
**Approved by Continuing Legal Education Commission**  
**for Civil and Domestic Relations Mediators**

**Friday, December 3, 2010, 10 to noon &/or 1 to 5:15**

**Trainer Janet Mitchell**, Attorney-Mediator, has served as director of the Midwest Mediation Center in Fort Wayne since 1986. Janet teaches basic and advanced mediation training, and has mediated over 1,000 disputes. She is experienced at utilizing mediation techniques. In addition to mediating and training, she works half-time as Mediation Coordinator at Bluffton University, and directs [www.ElderCareMediators.com](http://www.ElderCareMediators.com), the national elder mediator referral and information network that she co-founded. Janet has a degree in psychology and graduated from the University of Michigan Law School in 1976.

**Accreditation:** Both seminars are approved for continuing mediation education (CME) credit by the Indiana Commission for Continuing Legal Education. Both seminars' hours may also be submitted for non-legal CLE credit. Form at [www.in.gov/judiciary/cle/forms/nls/nlsaccredit.pdf](http://www.in.gov/judiciary/cle/forms/nls/nlsaccredit.pdf).\*

**Preregistration Required (see form below):** To register, mail the preregistration form, below, and the seminar fees payable to "Janet Mitchell" to 7503 Hosler Rd., Leo, IN, 46765. Payment may also be paid by credit card through PayPal. For more information, go to the training link at [www.JanetMitchellMediator.com](http://www.JanetMitchellMediator.com), call (260) 483-8770, fax (260) 627-5961, or email [janetmitchell1@aol.com](mailto:janetmitchell1@aol.com).

**Seminar Location:** Seminars held at Sleep Inn & Suites, (260) 490-8989, 2881 East Dupont Road, Fort Wayne, IN 46825 (by Bob Evans, Exit 116, northwest corner of I-69/Dupont) with special \$65 room rate.

**Seminar #1: Parenting Commitments: UptoParents.org by Janet Mitchell**

**\$100, Friday, Dec. 3, 2010, 10 - noon [2 CME, additional CLE info above\*]**

UptoParents.org is a free national award-winning web site created by South Bend Attorney-Mediator Charles Asher and his wife, mental health practitioner Barb Asher. Learn how mediators, mental health workers, attorneys and parents can utilize the web site to improve parents' focus on the best interests of their children.

**Seminar #2: Understanding Conflict/Communication Skill-Building by Janet Mitchell**

**\$200, Friday, December 3, 2010, 1 – 5:15 pm [4 CME. CLE information above\*]**

How do you respond to conflict? Work to improve your communication skills to be a more effective mediator. Learn reframing, laundering, I-statements, paraphrasing, purpose-stating, preference-stating, agreement-stating, matching, summarizing, validation, and other techniques. Learn how to analyze conflict and the best methods for dealing with different types of conflict.

The communication style training is based on *Style Profile for People at Work* by Susan Gilmore and Patrick Fraleigh. The key is understanding a variation of the Golden Rule. With styles, you "do unto others" what they would have you do unto them, not what you would want to have done for you. This simple premise has been expanded to include the steps in communicating based on style, learning your own style, understanding calm and storm conditions, the stress shift, and hot tips for communicating with

someone of each of the four styles. Janet Mitchell has used the style materials since 1982 and believes it to be an important tool in helping people communicate more effectively. Working with styles, you will be able to paraphrase in the speaker's own preferred language, as well as design mediation processes that work.

**-----Preregistration Form: CME Seminars-----**

Send preregistration fee payable to "Janet E. Mitchell," 7503 Hosler Rd., Leo, IN 46765, or pay with any credit card through PayPal at [www.janetmitchellmediator.com/training.html](http://www.janetmitchellmediator.com/training.html):

**#1. Parenting Commitments: UptoParents.org (2 hrs CME & 1.6 CLE): \$100, Friday, December 3, 10-12: \_\_\_\_\_**

**#2. Understanding Conflict/Communication Skill-Building (4 hrs CME): \$200, Friday, Dec 3, 1-5:15 pm: \_\_\_\_\_**

1. My Full Name (for your certificate):
2. Work Telephone:
3. Fax:
4. Work Address:
  
5. Home Address (required by Supreme Court):
  
6. Home Phone:
7. My email and/or Website address (if any):
8. Mediator # if known: \_\_\_\_\_ (same as attorney # for attorneys)
9. I am (or have been) on the Civil Mediator Registry: yes/no.
10. I am (or have been) on the Domestic Relations Registry: yes/no.

**DOMESTIC MEDIATION COURSE INDY 40 hrs mediation, 24 CLE, 6 ethics. Mar/Apr 2011**